PRISMA HEALTH SM

Latino Families: Nurturing Development from the Clinic to the Community

Photo credit: Tobias Shearer

Latino Families: Nurturing Development from the Clinic to the Community

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Disclosure

- In the past 12 months, we have had no relevant financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in this CME activity.

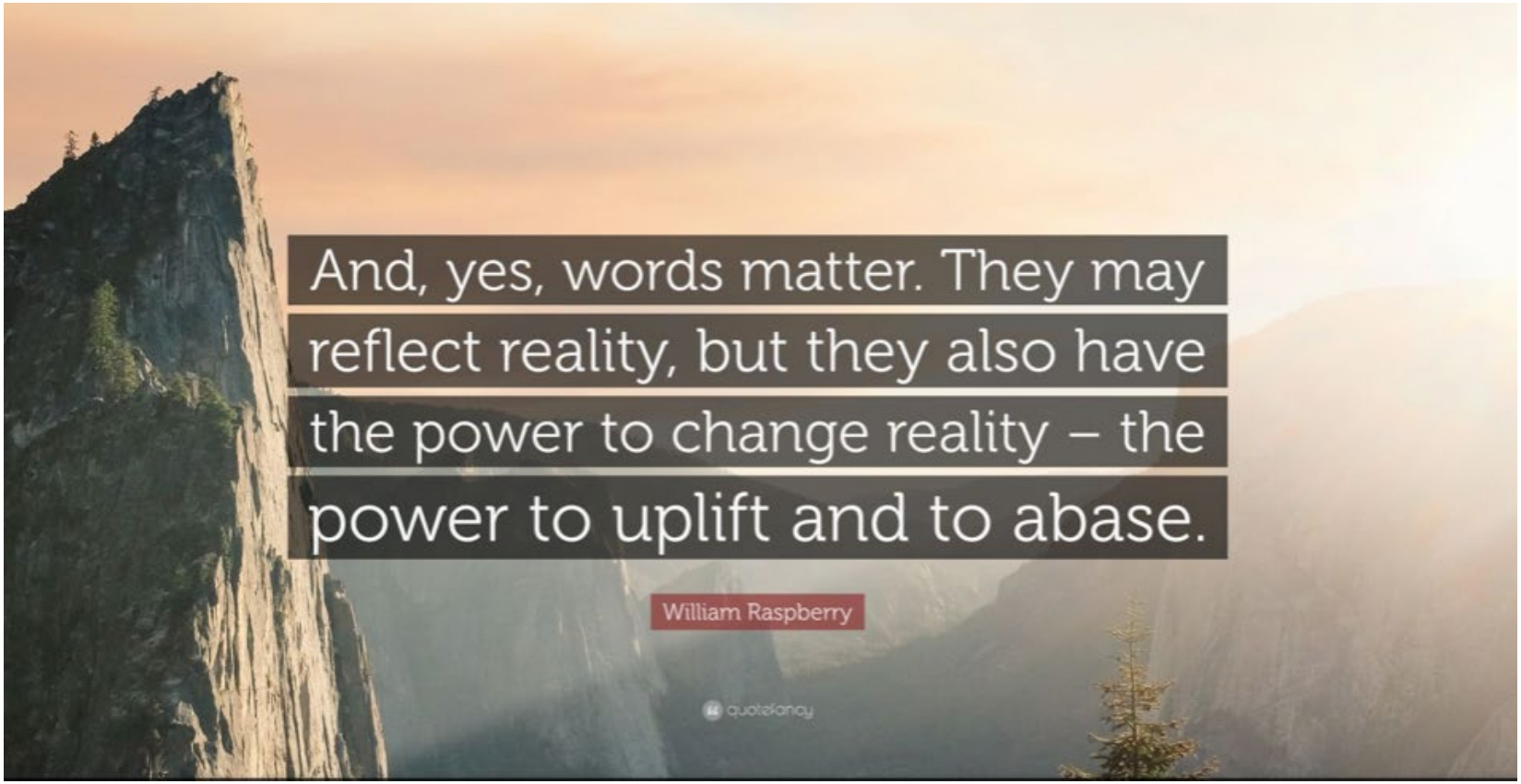
- We do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation.

Objectives

1. Consider evolving demographics in South Carolina
2. Describe the impact of current immigration policy and anti-immigrant rhetoric on the health and wellbeing of Latino families in SC
3. Describe culturally-relevant strategies from provision of care, including setting the stage to discuss sensitive conversations, warm hand-offs for referrals to community-based resources, school readiness promotion (Reach Out and Read, Help Me Grow), and cultural pride reinforcement.
4. Describe the work of PASOs, founded in 2005 to help the Latino community and service providers work together for strong and healthy families.

Menti.com

- https://www.mentimeter.com/public/4935becc5ee39e4587085198efdaabc4


And, yes, words matter. They may reflect reality, but they also have the power to change reality – the power to uplift and to abase.
William Raspberry
quotekanay

Common Language

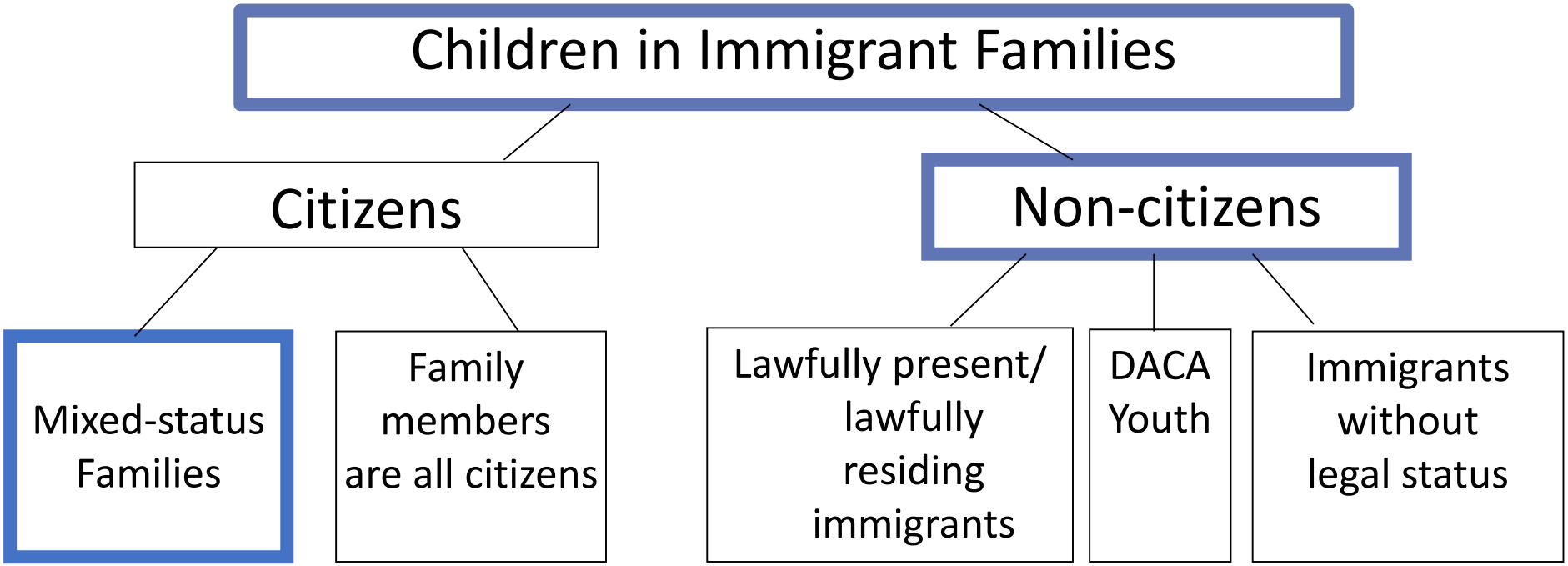


Image adapted from image by Ricky Choi, MD, MPH and Julie M. Linton, MD

Children Whose Families Prefer to Speak Spanish

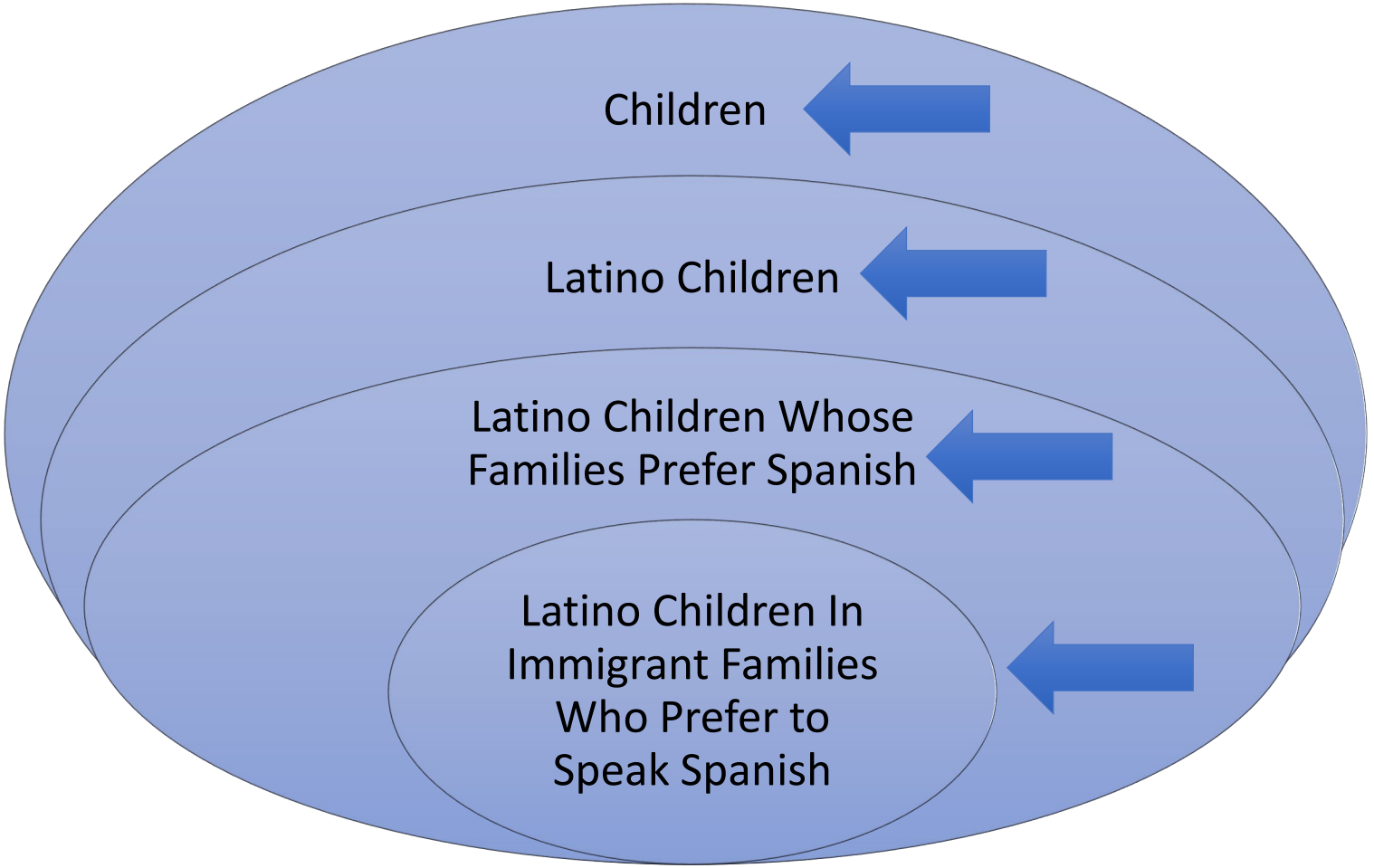
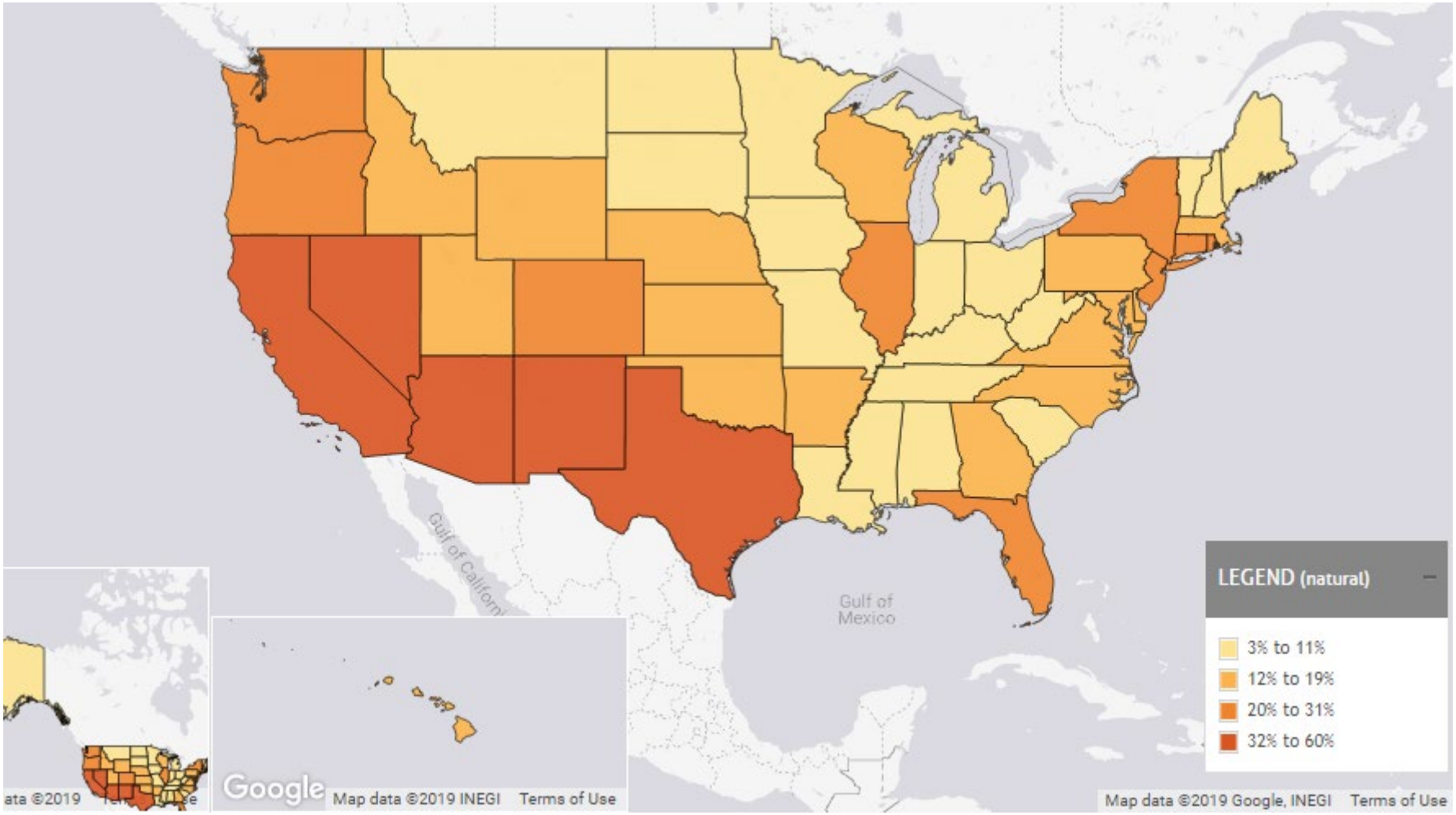
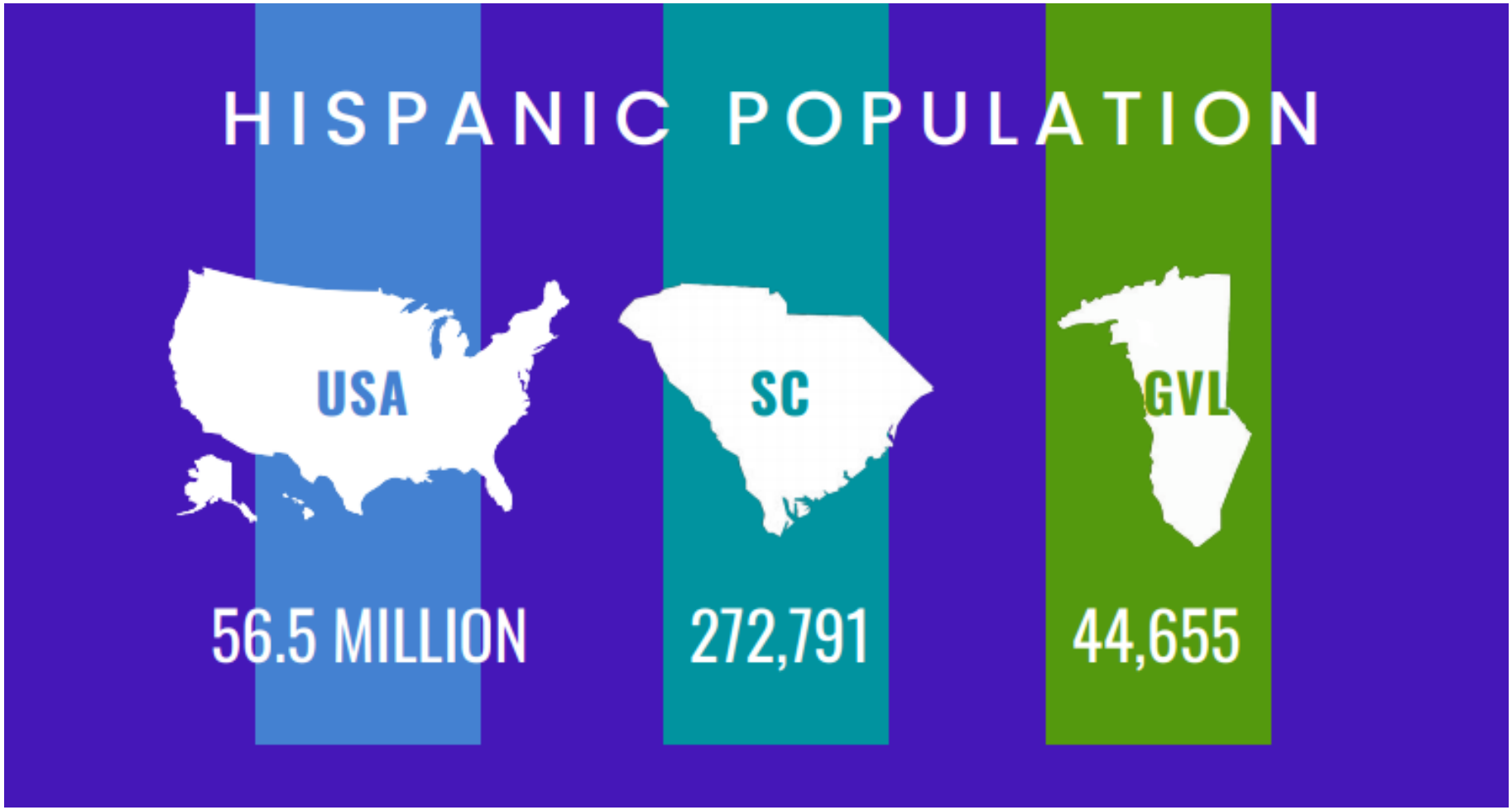


Image adapted from Kori Flower, MD, MPH; UNC Pediatrics

Hispanic or Latino Children

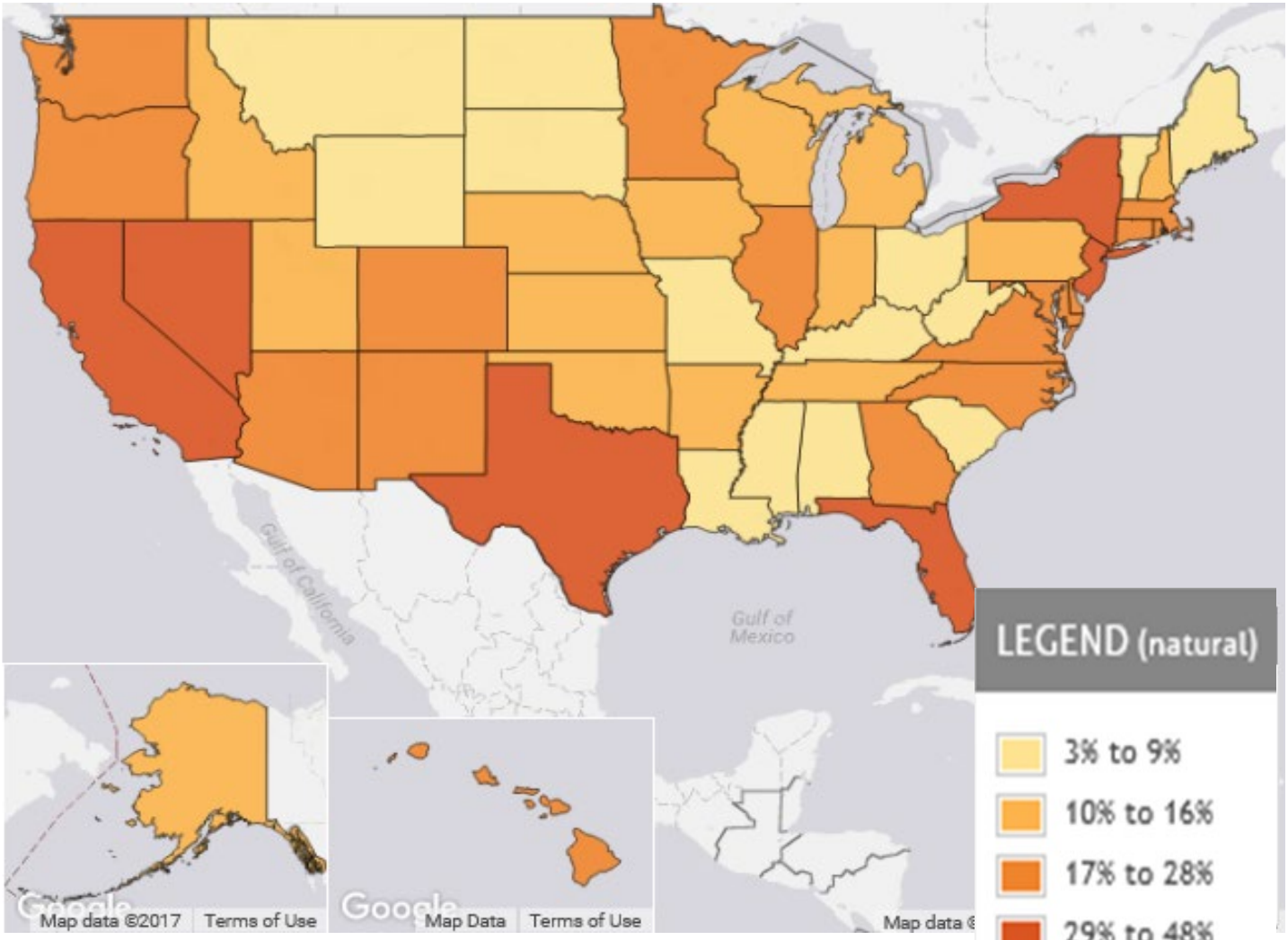


Hispanics in Greenville



https://www.hispanicalliancesc.com/hispanicsingreenville

Children in Immigrant Families



Kids Count Data Center. http://datacenter.kidscount.org

Current State of Affairs

- Increased border enforcement
- Expanded interior enforcement
- Refugee and Muslim travel ban
- Termination of DACA

Photo Credit: Veronica G. Cardenas

- Threatened participation in public programs: “Public Charge”
- Ongoing rhetoric that criminalizes immigrant families and threatens health and wellbeing

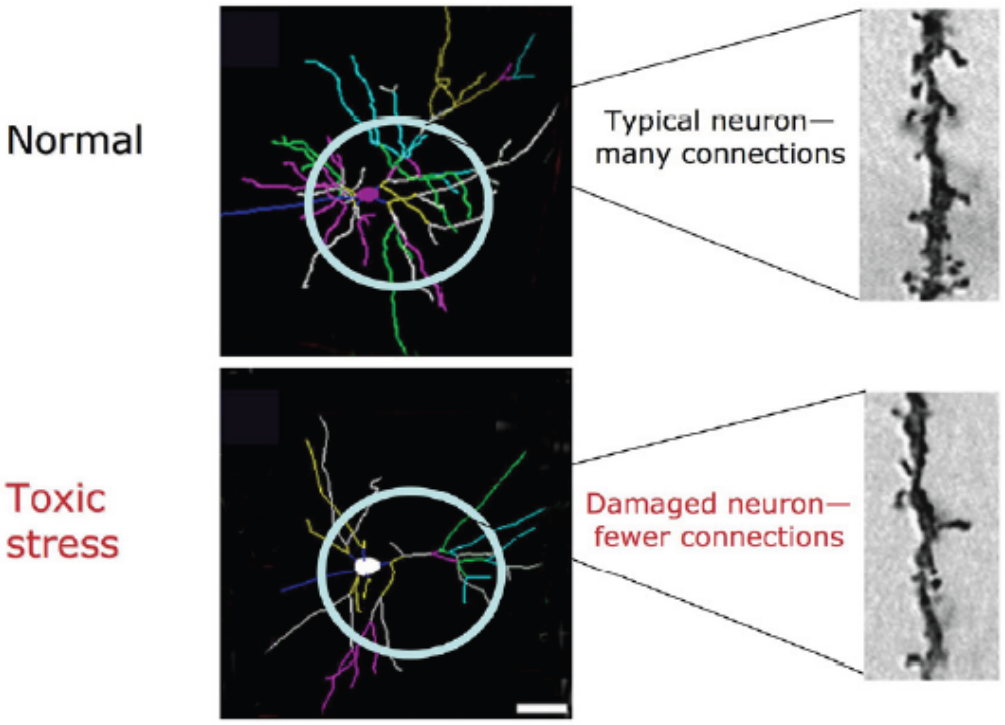
The Health Impact of Emerging Policies

Kim Ryu for NPR

Toxic Stress

Center on the Developing Child
HARVARD UNIVERSITY

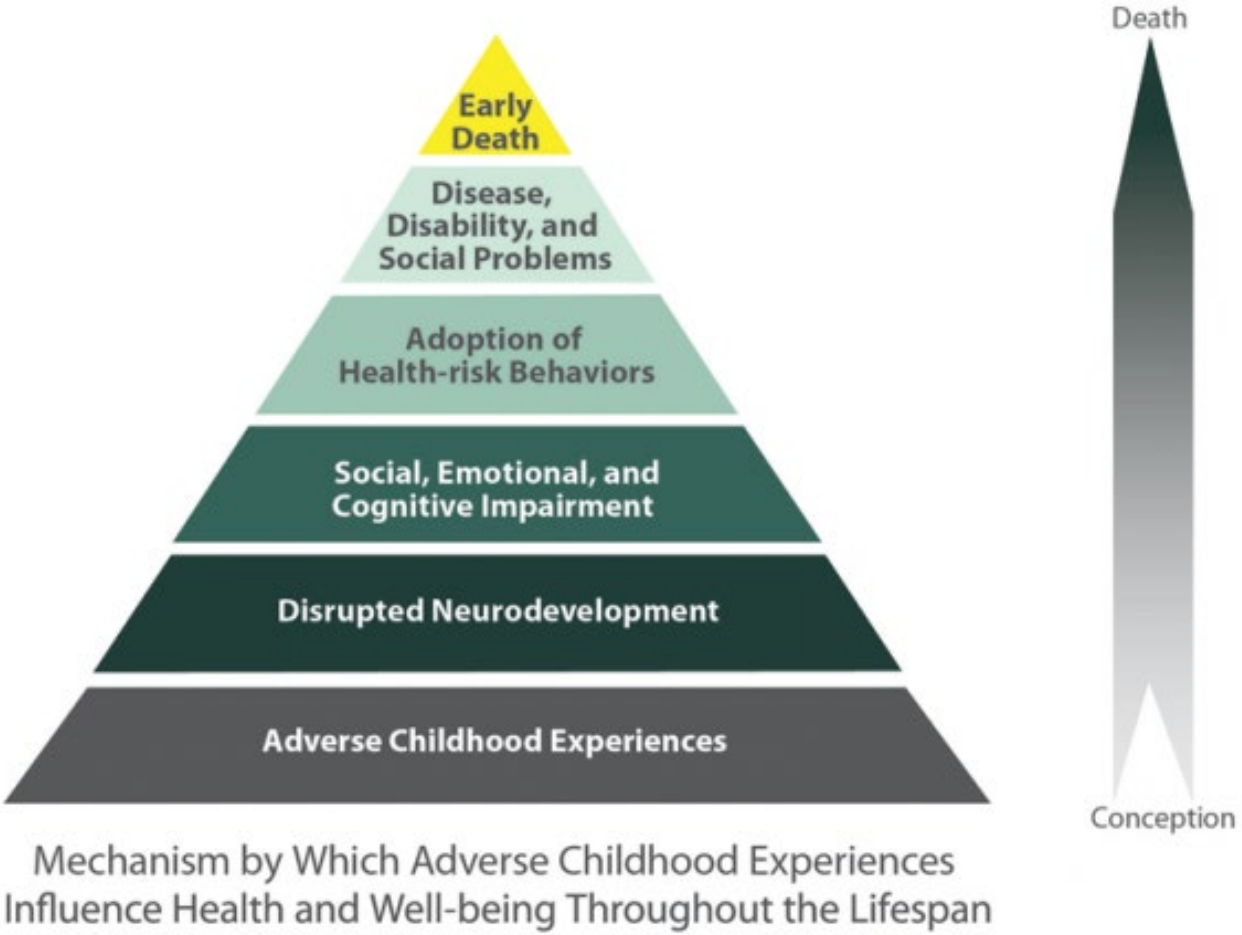
Persistent Stress Changes Brain Architecture



Prefrontal Cortex and
Hippocampus

Sources: Radley et al. (2004)
Bock et al. (2005)

Adverse Childhood Experiences



Mechanism by Which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan

https://www.cdc.gov/violenceprevention/acestudy/about.html

Immigration Enforcement and Health

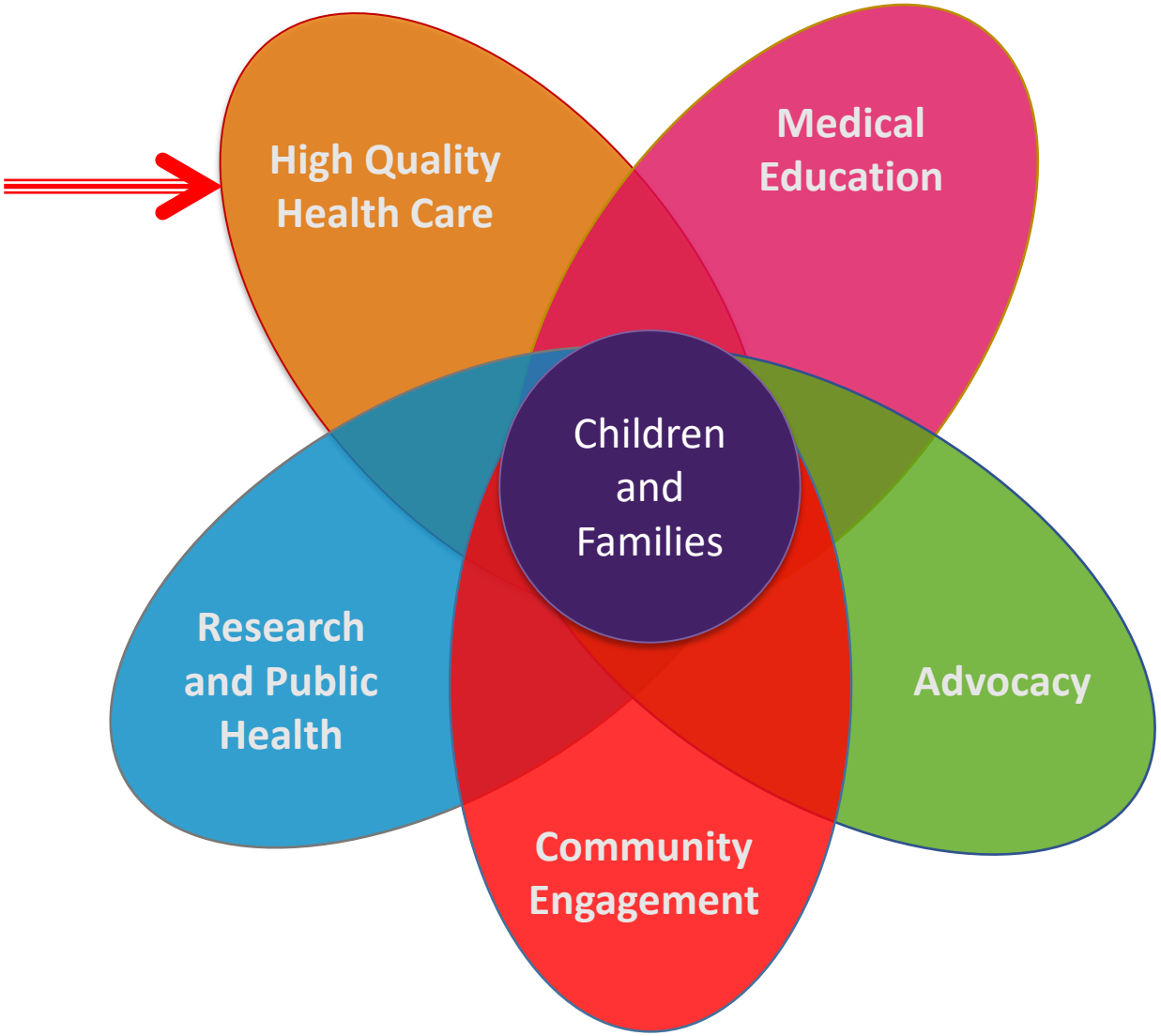
Image from: https://www.aclu.org/blog/immigrants-rights/ice-and-border-patrol-abuses/reuniting-mother-and-child-torn-apart-ice

Ms. L and her daughter reunited at a shelter in Chicago

Restrictive immigration policies and increased immigration enforcement are associated with negative health outcomes.

Hatzenbuehler *et al*., 2017; Lopez *et al*., 2017; Novak, Geronimus, & Martinez Cardosa, 2017; Potochnick, Chen, & Perrera, 2017; Rhodes *et al*., 2015; Torres *et al*., 2018; Vargas, 2015; Krieger, *et al*., 2018

How Can We Nurture Developing Minds?



Individual
Clinic
Community
Regional
National
"Public Sphere"

First Impressions

- Lucila Lopez Hernandez is a 4-year-old girl whose parents have brought her to clinic for fever and sore throat.
- There is a medical interpreter present, as Lucila's parents prefer to speak Spanish.

What are some techniques you can implement to create a "safer" space for families?

DO THE BEST YOU CAN
UNTIL YOU KNOW BETTER.
THEN WHEN YOU KNOW
BETTER, DO BETTER.
MAYA ANGELOU

Cultural Humility and Cultural Safety

- Cultural humility: Openness and respect for differences[1]

- Cultural safety: Recognition of power differences and in[equities] in health and the clinical encounter that result from social, historical, economic, and political circumstances[2]

1. Tervalon & Murray-Garcia J, *Journal of Health Care for the Poor and Underserved*, 1998
2. Papps & Ramsden, *International Journal of Quality in Health Care,* 1996

Setting the Stage

- **Welcome** the family to your space
- Confirm and communicate using the family's **preferred language**
- Create a "**safer" space**
  - Sit down
  - Speak slowly, calmly
  - Maintain eye contact
  - Avoid jargon
  - Attend to nonverbal cues and body language
- **Verbally set the stage**
  - "I would like to ask you a lot of personal questions that relate to your health and your family's access to services that keep your family healthy."
  - DESCRIBE CONCEPT OF CONFIDENTIALITY

Cross-Cultural Approaches

Kleinman's Questions
What do you think has caused your problem?
Why do you think it started when it did?
What do you think your sickness does to you? How does it work?
How severe is your sickness? Will it have a short or long course?
What kind of treatment do you think you should receive?
What are the most important results you hope to receive from this treatment?
What are the chief problems your sickness has caused for you?
What do you fear most about your sickness?

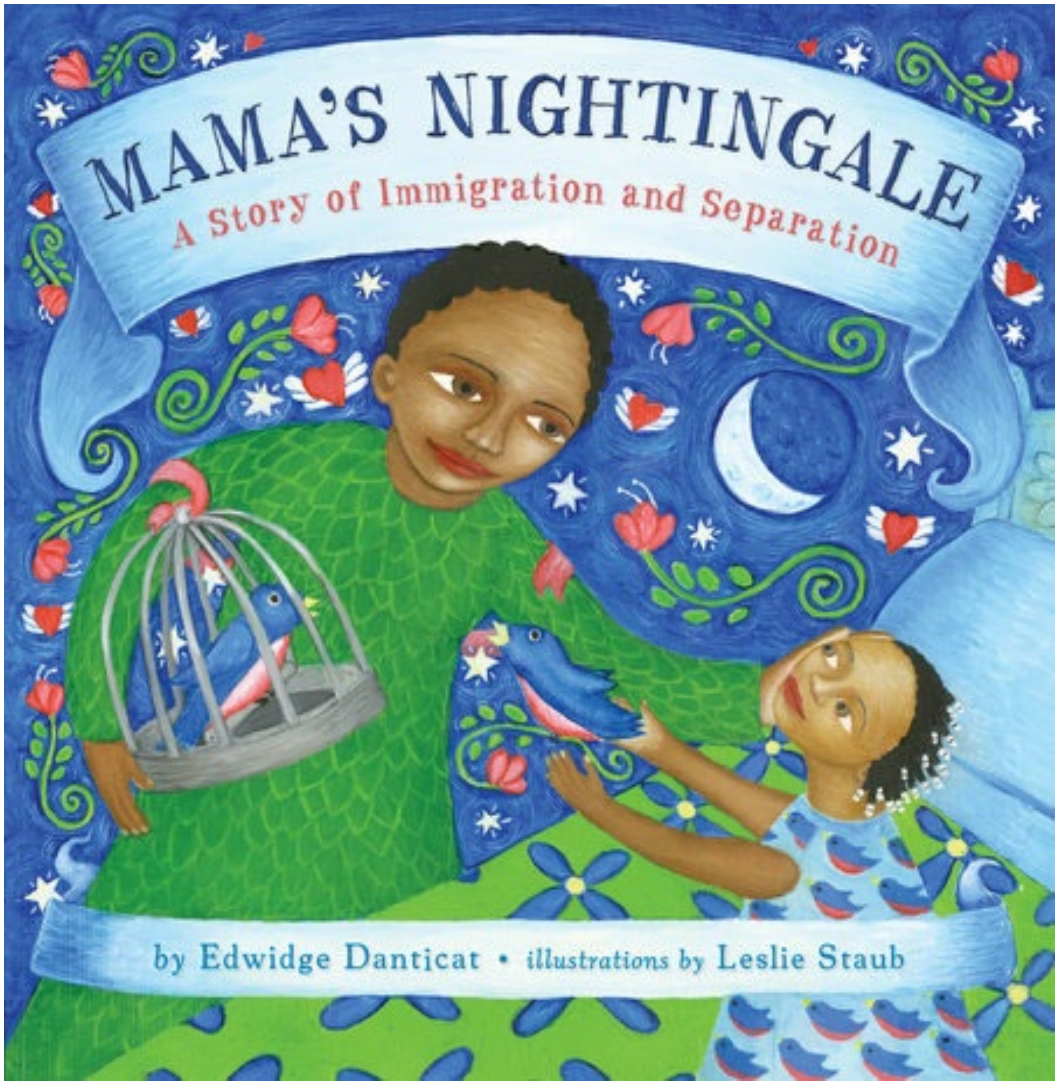
Kleinman, Eisenberg, & Good. *Ann Intern Med* 1978.

Creating Safe(r) Spaces

Image from Bellevue Hospital,
courtesy of Dr. Benard Dreyer

Image from the Downtown Health Plaza,
Wake Forest School of Medicine

Supporting Families



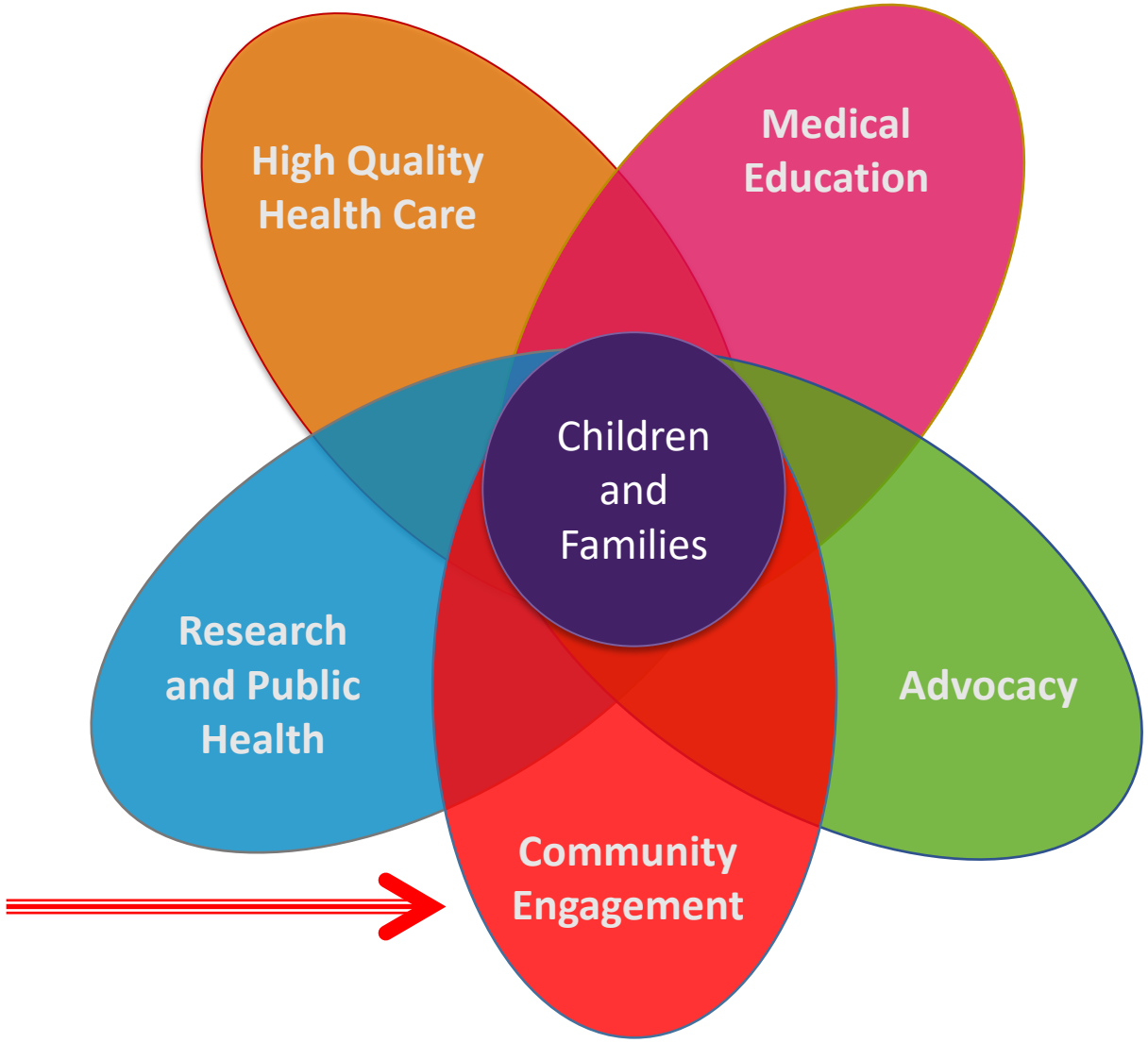
- Read, talk, sing, play
- Parental self care
- Cultural pride reinforcement
- Know Your Rights

Reach Out and Read

Integrated Resources

- Co-located services
  - Case management
  - Social work
  - WIC, Medicaid
  - PASOs
- Warm hand-offs

Advocacy: Many Facets, Many Levels



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Community Engagement: PASOs

PASOs

HEALTHY CHILDREN.
KNOWLEDGEABLE FAMILIES.
STRONG COMMUNTIES.
One paso (step) at a time.

Who am I?

What is PASOs?

- PASOs is a community-based organization that provides culturally-responsive education on family health, early childhood, and positive parenting skills; individual guidance for participants in need of resources; and partnership with health care and social service providers to help them provide more effective services.

- **Mission:** *to help build a stronger South Carolina by supporting Latino communities with education, advocacy, and leadership* development.

- **Vision**: *to have healthy Latino communities contributing to a stronger South Carolina*

What is PASOs?

Est. 2005

Pronounced: Pah-sohs

"steps" in Spanish

- **Vision:**
  Healthy Latino communities contributing to a stronger South Carolina

- **Mission:**
  PASOs helps build a stronger South Carolina by supporting Latino communities with education, advocacy, and leadership development.

Photo: All Staff Spring Training Retreat 2018

Website: www.scpasos.org//Facebook: @pasosprograms//Twitter: @SCPASOs

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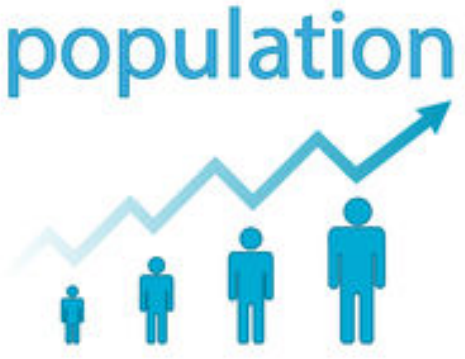
In 2005…

- South Carolina had the **fastest** growing Latino population in the country.
  - There was a massive increase in birth and fertility rates of Latinos, but there were not sufficient corresponding services to meet the needs of this population
- Latinos in SC were younger, less insured, of lower socio-economic status and had higher fertility rates than other racial and ethnic groups. Now in 2018, this is still true!



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Where is PASOs?

PASOs is in **8** counties and offers service to 13 neighbor counties, and supports individuals in 38 counties in SC

PASOs is in:

- University of South Carolina Arnold School of Public Health

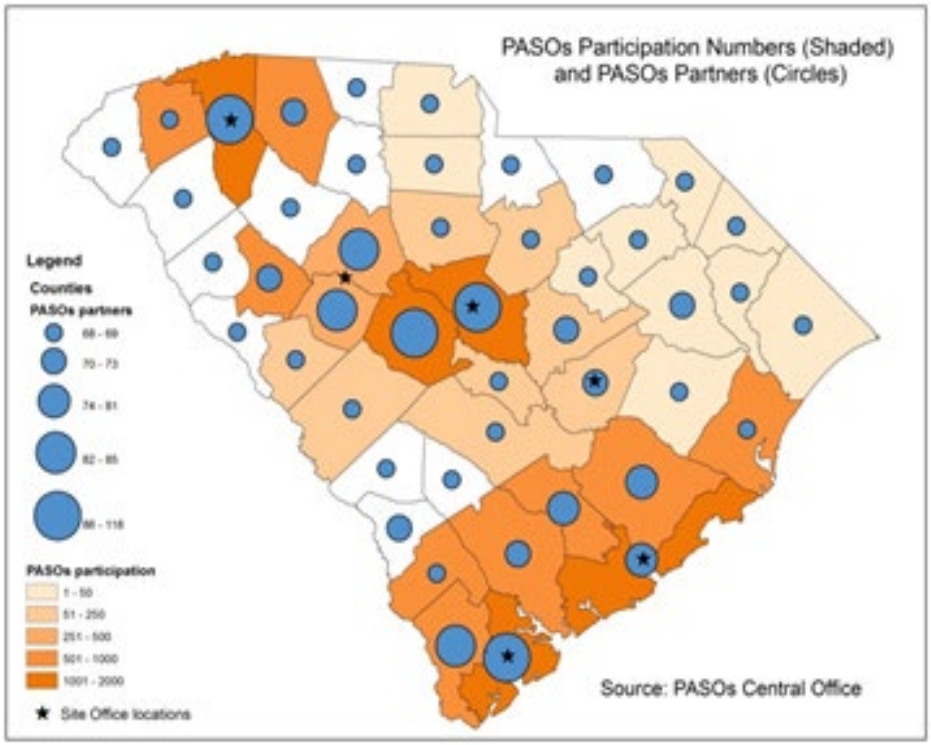
- Prisma Health

- Medical University of South Carolina, College of Nursing

- Beaufort/Jasper/Hampton Comprehensive Services

-Upstate Family Resource Center

-Sumter Family Health Center



Jose Aguilar

PASOs

PASOs Greenville Programs

- PASOs Health Connections
- Connections for Child Development
- Community Leadership Development
- Organizational Capacity Building
- Pediatric Literacy Program

PASOs

Healthy Children. Knowledgeable Families.
Strong Communities.

Top Support Interventions

- ✓Medical Homes
- ✓Prenatal Care
- ✓Family Planning
- ✓Dentist
- ✓Adult Education
- ✓Baby/Child Health Needs
- ✓Early Education Resources
- ✓Support with Legal Situations/Documents
- ✓Folic Acid Information

PASOs

Healthy Children. Knowledgeable Families.
Strong Communities.

A note to end with…

"They may forget what you said, but they will never forget how you made them feel."

Maya Angelou

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Group Discussion/ Questions?

- https://www.mentimeter.com/public/f77d6e15a2b84ee459a3b91d396d5103

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  Cell: 864.399.3797

Conclusions

- Our nation is better when all children and families can reach their full potential.
- We all have a role and responsibility to work together to create a healthy future for all children –no matter zip code or passport.

Photo Credit: Veronica Cardenas

Acknowledgements

- PRISMA Health-Upstate Department of Pediatrics
- USC SOM-Greenville
- PASOs Greenville team (Sebastian Villacis, Guillermo Martinez, Jennifer Snow)
- PASOs South Carolina
- Accountable Communities
- SC Chapter of the American Academy of Pediatrics
- Community partners
- Children and families who offer the privilege of their trust

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