Susan Callahan, MSW, IMH-E®
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We Stand for EQUITY.

We Work to DISRUPT RACISM AND BIAS

We Are SOCIAL JUSTICE CHAMPIONS
Partnerships

Mobilizing Collaboration for the Social-Emotional Health and Wellbeing of Young Children and their Families
Endorsement®

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Transform
Transform the ways in which professionals view, wonder about, consider, understand, and respond to the pregnant women, infants, young children, and families whom they serve.

Support
Support professionals who offer knowledgeable and skilled support to pregnant women, infants, young children, and families.

Enhance
Enhance professionals’ ability to identify risks to the physical, emotional, and relational health of infants and young children and to respond appropriately.
Support

Support professionals in developing the capacity to shift perspective, address personal biases, set boundaries, and slow down, observe, and listen.

Invite

Invite professionals to experience feeling heard, validated, and affirmed within the context of a Reflective Supervision/Consultation relationship, for the work that they are doing with or on behalf of pregnant women, infants, young children, and families.
Scope Of Work

- Promotion Family Associate
- Prevention Family Specialist
- Treatment Mental Health Specialist
- Leadership Mental Health Mentor
Areas of Expertise
• Foundations
• Law, Regulation, and Agency Policy
• Systems Expertise
• Direct Service Skills
• Working With Others
• Communicating
• Thinking
• Reflection
Why is Endorsement® Important?

Reason 1
Ongoing training with standards is important to promote consistent, positive practices with young children and their families regardless of discipline.

Reason 2
Endorsement® provides information about skills and knowledge that a person incorporates into their profession.
Why is Endorsement® Important?

Reason 3
Endorsement® provides a framework that tells parents/guardians and other partners what good practices look like.

Reason 4
Aligned professional standards in the field are more likely to produce a workforce that is prepared and consistent in their practice.
Endorsement®
Process

Endorsement® is a journey not a race.

- Join SCIMHA
- Register on EASy
- Receive confirmation & EASy login credentials
- Prepare your portfolio
- Document your competencies
- Match with an advisor
- Submit your portfolio
- Examination*
- Endorsement® or deferment**

*Mental Health Specialist and Mentors only

**All applicants receive detailed feedback from application reviewers. If an application is deferred, SCIMHA will work closely with the applicant to address the feedback so that the application can be submitted again at a future deadline.
Endorsement Fees

**Family Associate**
- SCIMHA Membership = $45
- EASy Registration = $20
- Endorsement Application = $50
  - Total = $115

**Family Specialist**
- SCIMHA Membership = $45
- EASy Registration = $20
- Endorsement Application = $75
  - Total = $140

**Mental Health Specialist**
- SCIMHA Membership = $45
- EASy Registration = $20
- Endorsement Application = $100
- Exam = $25
  - Total = $190

**Mental Health Mentor**
- SCIMHA Membership = $45
- EASy Registration = $20
- Endorsement Application = $125
- Exam = $25
  - Total = $215
Incentives

Reimbursement
The next 25 SC professionals to earn Endorsement® will be reimbursed ALL fees related to Endorsement®

Timeline Incentive
SC professionals who complete their Endorsement® within 6 months will receive all fees reimbursed + an extra $15!
Safe Babies Court

Chavis Gash, M.S, M.DIVE
Statewide Safe Babies Court Coordinator
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Every six minutes an infant or toddler is removed from home due to alleged abuse or neglect.

- When that happens, those children are often placed in a child welfare system that is harmful to their development. The ZERO TO THREE Safe Babies Court Team™ approach transforms child welfare into the practice of child “well-being” by using the science of early childhood development to meet the urgent needs of infants and toddlers.
- The program connects very young children and their families with needed supports and services, with a goal of advancing health and well-being.
Safe Babies Court in SC

Laurens
Spartanburg
Richland
Safe Babies
Court Team
Partners
IECMH Consultation

Mackenzie Soniak, PsyD
Director, Infant and Early Childhood Mental Health Consultation Network
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What is IECMH Consultation?

Targets early social environments across child serving systems
Integration of mental health perspective into child serving systems
Everyone deserves the experience of existing in someone’s mind.

– Jeree Pawl
Who are our mental health consultants?

Mental Health Consultants

- Masters degree in social work, psychology, or related field (preferably licensed)
- Have at least 2-3 years experience working as a mental health professional
- Possess attributes and skills critical to this work such as a consultative stance, cultural sensitivity, and empathy
- Have specialized knowledge and deep understanding of social, emotional, and relational health
SC Infant Mental Health Association (Lead Agency)
- Provide oversight and guidance to support Network model implementation
- Employ IECMH Consultation Network State Director and Intake Coordinator
- House IECMH consultation database and share service data with local partners
- House and triage IECMH Consultation Intake Warmline
- Network State Director will provide reflective supervision to all consultants and supervisors
- Facilitate consultant and administrative supervisors’ orientation training and ongoing professional development activities

DMH South Carolina Department of Mental Health
- Employ IECMH Consultants
- DMH Supervisors will provide administrative supervision and participate in SCIMHA orientation, ongoing professional development trainings, and reflective supervision

Professional Agencies
- Contract for a certain number of hours for consultation services
- Consultation services can include direct services with a child/family/program requested by professional agency or training and consultation within agency

ECE in Regions
Other child/family/ ECE serving partners
Children involved with Agencies
HOW do you refer or get more information?

• SCIMHA will provide consultation services FREE of charge.

• Any parent or childcare agency can call (833) 472-4642 or start a referral online: www.scimha.org/PEAR-Network

• For individual child cases, parents must consent to services prior to consultant’s involvement.

Tele-Mental Health Consultation Services

Tele-MHC allows any individuals caring for young children to connect with one of the PEAR Network's mental health consultants for a brief consultation.

*Please note that we are not equipped to offer emergency mental health services.
Help Me Grow

Jane Witowski
Help Me Grow SC
State Director
Jwitowski@SCIMHA.org
“I am very grateful for HMG SC! The care coordinator provided excellent resources and immediately made me feel hopeful about our stressful family situation.”
Attachment & Biobehavioral Catch-up

Sheniqua Scott
Quality Improvement Manager & Training Coordinator
Sscott@SCIMHA.org
Attachment and Biobehavioral Catch-up (ABC) is a 10-session home visiting model for parent of 6-24 month old infants, helps parents nurture their distressed child, follow their child’s lead, and avoid frightening their child.

ABC enhances attachment security, normalizes cortisol productions, and improves language abilities, impulse control, and other skills important to school readiness.
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The MIECHV Home Visiting Coalition, California Evidence-based Clearinghouse for Child Welfare, and SAMHSA's National Registry of Evidenced-based Programs and Practices endorse ABC.
Become an ABC Coach

Initial Training
Initial ABC Training takes place virtually and consists of 4, half-day trainings.

Supervision
Supervision occurs remotely via video conferencing with HIPPA compliant software. ABC Parent Coaches have 2 supervision meetings per week. The time commitment for session preparation, the ABC visit, and supervision is about 4 hours per case each week.

Parent Coach Selection
There are aspects of implementing ABC that we have found to be challenging for some individuals. We use a half-hour screening interview to determine which individuals are likely to succeed as ABC Parent Coaches. Screening interviews will be completed remotely with ABC staff from the University of Delaware.

APPLY to be part of the next ABC Training Cohort: www.SCIMHA.org
Facilitated Attuned Interaction (FAN)

- Home visitors focused more on parenting, were more reflective and collaborative, and felt less burnout.
- Supervisors were more self-aware, asked more questions, were better able to help home visitors process their feelings, and provided supervision which was more reflective.
- Pediatric residents reported being more empathic, more mindful, and more satisfied with their communication with families.
What is Reflective Supervision?

• Reflective Supervision is a relationship that aims to create a climate where both the client’s and the helper’s needs are considered so that effectiveness of the helper’s intervention is optimized.

• It is a partnership which nurtures awareness through a process of remembering, reviewing, and thinking out loud together.

• The supervisee feels partnered and thus is not overwhelmed by fear or uncertainty, and can feel safe to express uncomfortable feelings, thoughts and reactions.

• This relationship enables them to learn more about themselves, their client(s), their co-workers and the work.

Heller & Shamoon-Shanook March 2020
Reflective Supervision has empirical evidence to show that it:

- Is a trauma informed practice
- Reduces vicarious trauma
- Decreases staff turnover
- Reduces staff bias
- Ensures best practice
- Increases practitioner knowledge
- Improves practice
- Increases job satisfaction, efficacy and responsiveness

PARTICIPANTS WILL:

- Learn the essential elements of RS, as well as structural tools and strategies to build, sustain, and deepen reflective practice
- Broaden understanding and increase confidence in supporting others through reflection
- Learn how to implement and sustain RS within their program, which will result in a return in investment and enhanced agency practice for years to come
- Observe RS sessions, participate in small group discussion, and share experiences and reactions with peers working towards the same goals
- Learn in a relaxed, team-based environment that builds from the collective knowledge and experience of the group
- Receive up to 24 hours of reflective consultation which can be applied towards I/ECMH-Endorsement®, as well as additional support from SCIMHA in applying for I/ECMH-Endorsement®
- Connect with peers, broaden professional networks and learn about additional training and professional development to stay connected and continue to develop IMH competencies and skills

CONSULTATION

Each participant will receive up to 24 hours of reflective consultation by a vetted reflective supervisor/consultant. The RSLC meetings will be hosted using an online meeting platform. Five member RSLC groups will meet monthly for 2-hours over a one year period. The monthly reflective consultation hours that participants receive will meet the requirements for reflective supervision for I/ECMH-Endorsement®. In turn, the reflective supervision hours that supervisors provide to their local staff members may prepare staff for their own I/ECMH-Endorsement® application.
Become a SCIMHA Member!

WWW.SCIMHA.ORG