HEALTH AS A KEY COMPONENT OF CHILD CARE QUALITY

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The Two-Generation Continuum

- **Child-focused**
  - e.g. early childhood development, parenting skills, family literacy, and health screenings

- **Child-focused with parent elements**
  - e.g. child care and workforce programs, food and nutrition, and supports for student parents

- **Whole family**

- **Parent-focused with child elements**
  - e.g. early childhood development, parenting skills, family literacy, and health screenings

- **Parent-focused**

The Two-Generation Approach:

- **Social Capital**
  - Peer and family networks, coaching, and cohort strategies

- **Early Childhood Development**
  - Head Start, Early Head Start
  - Child care partnerships, preK, and home visiting

- **Postsecondary & Employment Pathways**
  - Community college, training and certification, workforce partnerships

- **Health & Well-Being**
  - Mental, physical, and behavioral health
  - Coverage and access to care
  - Adverse childhood experiences, toxic stress

- **Economic Assets**
  - Asset building, housing and public supports
  - Financial capacity, transportation

### Monthly Costs

1 adult and 1 child  
Greenville County, SC

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOUSING</td>
<td>$838</td>
</tr>
<tr>
<td>FOOD</td>
<td>$382</td>
</tr>
<tr>
<td>CHILD CARE</td>
<td>$492</td>
</tr>
<tr>
<td>TRANSPORTATION</td>
<td>$890</td>
</tr>
<tr>
<td>HEALTH CARE</td>
<td>$617</td>
</tr>
<tr>
<td>OTHER NECESSITIES</td>
<td>$492</td>
</tr>
<tr>
<td>TAXES</td>
<td>$611</td>
</tr>
<tr>
<td><strong>Monthly Total</strong></td>
<td><strong>$4,322</strong></td>
</tr>
<tr>
<td><strong>Annual Total</strong></td>
<td><strong>$51,861</strong></td>
</tr>
</tbody>
</table>

This is **11%** of this person’s wages per month.

The average SC income (excluding top 1% of earners) is **$38,646**
The average SC child care worker makes **$20,370**

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Centers for Disease Control and Prevention’s ‘Spectrum of Opportunities’ Framework
Empower Action Model

The Empower Action Model is proprietary and not to be reproduced, transmitted, or distributed by any entity other than Children’s Trust of South Carolina.
Federal Regulations
State Regulations

State Initiatives to Support Nurturing Care
ABC Quality Rating and Improvement System
ABC Grow Healthy Nutrition Standards
ABC Quality Physical Activity Standards
Partner Work
Play, Learn and Grow Together!